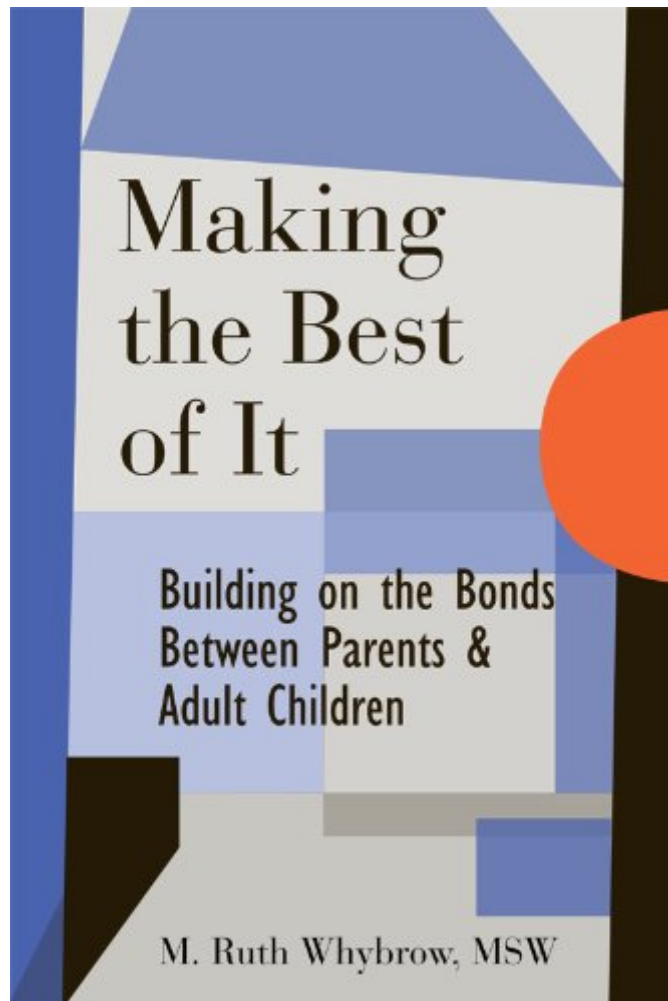


The book was found

Making The Best Of It: Building On The Bonds Between Parents And Adult Children



Synopsis

Parents and their children are important to each other throughout a lifetime but that does not mean to say that the relationships are always smooth. While their bonds may be close or distant, loving or troubled they are rarely indifferent. As children grow into independence, pursuing their own interests and loves, as parents lose the daily preoccupation of children at home, all face challenges in the way they relate to each other. This book addresses the landmarks and difficulties that occur between parents and their adult children and suggests ways of dealing with them. Some changes, such as children's marriages and grandchildren, are faced by most people and generally welcomed, some bring unhappiness, such as family feuds, and still others, such as hurt feelings, are commonplace. As they let go of being the primary people in their grown children's lives, parents have to try to forego some lifelong habits. Advice, for example, becomes less often appropriate or even relevant. And both parents and children are wise to be respectful and polite to new family members even if they cannot like them. The author is an able and experienced guide for those who find themselves perplexed in their efforts to have a nurturing and supportive relationship with the members of their family. She demonstrates that with good intent, with some personal awareness and love, parents and adult children can do much to create the kind of bond that is enriching and fulfilling for all.

Book Information

File Size: 193 KB

Print Length: 142 pages

Page Numbers Source ISBN: 1456386425

Simultaneous Device Usage: Unlimited

Publisher: M. Ruth Whybrow (November 27, 2010)

Publication Date: November 27, 2010

Sold by:Â Digital Services LLC

Language: English

ASIN: B004FPYO62

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #547,832 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #33 in Kindle Store > Kindle eBooks > Nonfiction > Parenting & Relationships > Family Relationships > Grandparenting #140 in Kindle Store > Kindle eBooks > Nonfiction > Parenting & Relationships > Aging Parents > Aging #167 in Kindle Store > Kindle eBooks > Nonfiction > Parenting & Relationships > Family Relationships > Parent & Adult Child

Customer Reviews

Addresses many of the issues parents of adult children struggle with. The book is comforting and illuminating with personal anecdotes that allow us to see how the author reached conclusions--not only as a professional, but as a mother of adult children. Written in a lively and thoughtful way. I treasured every reading moment. Read it--you won't be disappointed.

Being at that stage in life where our children are now adults and wanting to make their own ways in the world and having elderly parents needing us in ever evolving new ways, this book was very helpful and insightful at offering concrete suggestions and guidance for both of these situations. After reading it, I decided that all of my siblings and many of my friends and peers would also benefit from reading it, as we all find our way forward, navigating these sometimes turbulent waters. Ruth Whybrow writes with sensitivity and compassion and I found it helpful to know that she too is going through the same stages of life. There are definitely parts of the book that I felt were reaffirming to that which I already know and are based on common sense, and then there are parts that spoke to me in a way that made me pause and look at the way that I communicate with my children as well as my parents in a new light. I highly recommend this book!

As in her earlier book *Caring for Elderly Parents*, Ruth Whybrow in *Making the Best of It* offers a sensible and easily accessible guide to enjoying life when the children have grown. But, no, this is not a book about how to cut loose and play golf but rather how to enjoy life with one's children when they are antonymous adults themselves with families of their own. In the arc of life we look forward for so many years that often it is difficult to look around and to engage, let go and, yes, even learn from the vision of the world that one's own children can bring. Children have so much to teach once one begins listening. The secret, as Whybrow recounts in a conversational style with practical tips at the end of each chapter, is to engage one's adult children as independent beings and eventually as friends. Yes it is possible; read the book and find out. This is a fine little volume packed with good sense.

This is a valuable book for adults of all ages. It will help them understand some of the experiences their parents go through as they age. Likewise, parents will have more understanding of the challenges and worries facing their adult children. Whybrow has produced a practical and compassionate guide to helping people work out their relationships with family members based on her extensive knowledge and experience counseling and interviewing adults. Her use of personal stories and practical strategies makes the book one I would not hesitate to recommend to my clients.

[Download to continue reading...](#)

Making the Best of It: Building on the Bonds Between Parents and Adult Children Soap Making: 365 Days of Soap Making (Soap Making, Soap Making Books, Soap Making for Beginners, Soap Making Guide, Soap Making Recipes, Soap Making Supplies): Soap Making Recipes for 365 Days Walking on Eggshells: Navigating the Delicate Relationship Between Adult Children and Parents Abandoned Parents: The Devil's Dilemma: The Causes and Consequences of Adult Children Abandoning Their Parents Building the Bonds of Attachment: Awakening Love in Deeply Troubled Children Jewelry Making: Jewelry Making Instructions to Easily Create Beautiful Pendants, Bracelets, Earrings, and Necklaces (Jewelry Making Books, jewelry making for dummies, jewelry making tools) Jewelry Making: 33 Tips and Advices For Making Unique Earrings (jewelry making, jewelry making books, jewelry making kits) Multiple Bonds between Metal Atoms BEST BOOKS: Recommended Reading-Best American Literature (Fiction & Nonfiction), Must Read Titles in English, Best Young Adult Books, the Best Kindle Books, ... Novels & Book Club Picks (Good Reads 1) Epilepsy In Children: Guide For Parents & Carers On Seizures, Emergencies & Everything Else You Should Know (Epilepsy In Children, Seizures In Children Book 1) Building Bonds: Kiss of Leather Book 1 The Gardener and the Carpenter: What the New Science of Child Development Tells Us About the Relationship Between Parents and Children Adult Coloring Book: De-Stress: Adult Coloring Books (The Peaceful Adult Coloring Book Series) Adult Romance: Adult Bedtime Short Stories - Sultry XXX Romantic Billionaire Romance, Mail Order Bride Historical Romance, Western, Alpha Male Love, New Adult, Victorian Romance, Bedtime Anthology Investing: guide for beginners: understanding futures,options trading,stocks,bonds,bitcoins (finance,investing,retirement,adults,children,lifetime,income,business,budgeting,accounting, ... Business & Money, Budgeting & Money) God's Help For Parents With Adult Children: Hope and Healing for Extended Family Relationships Wine Making: Beginner Wine Making! The Ultimate Guide to Making Delicious Wine at Home (Home Brew, Wine Making, Red Wine, White Wine, Wine

Tasting, Cocktails, ... Vodka recipes, Jello Shots Beer Brewing) Valerie & Walter's Best Books for Children 2nd Ed: A Lively, Opinionated Guide (Valerie & Walter's Best Books for Children: A Lively,) How To Raise Emotionally Healthy Children: Meeting The Five Critical Needs of Children...And Parents Too! Updated Edition The Big Book of Children's Reading Lists: 100 Great, Ready-to-Use Book Lists for Educators, Librarians, Parents, and Children

[Dmca](#)